



# SCRANTON DISTRICT DENTAL SOCIETY

Winter 2026

## First General Meeting of the New Year: Ergonomics That Protect Your Career

Start the year by investing in the one “instrument” you use all day—your body. At our first General Meeting of the new year, guest speaker Dr. Paul J. Mackarey, PT, DHSc, OCS, President of Mackarey & Mackarey Physical Therapy Consultants, LLC, will share practical, evidence-based strategies to help dentists work smarter, reduce strain, and stay comfortable in practice.

Dr. Mackarey is a Scranton native and board-certified Orthopaedic Clinical Specialist who has spent decades helping patients overcome neck and low back pain, shoulder

issues, and other common musculoskeletal challenges—exactly the areas that tend to take the biggest toll in dentistry. He’s also an educator and frequent community health voice, including his long-running “Health & Exercise Forum.”

His presentation will focus on career-saving ergonomics and injury prevention—how small adjustments to posture, positioning, operatory setup, and daily movement habits can significantly reduce fatigue and pain over time (and help you feel better at the end of every clinical day).

As always, SDDS General Meetings are complimentary for members and include cocktails and hors d’oeuvres, dinner, dessert, and an engaging presentation.

Reservations are REQUIRED by emailing [revenue@comcast.net](mailto:revenue@comcast.net).

Meeting Details

Date: 2/4/26

Time: 6:30 PM

Location: AV Restaurant, Scranton  
(320 Penn Ave, Scranton, PA 18503)



## NCDHM Activities Scheduled



February is National Children’s Dental Health Month! Activities have been scheduled and giveaway bags are ready! Once again, under the direction of Chair Dr. Thomas Langan, Jr., this year’s events promise to educate kids about the importance of good dental

hygiene in fun, entertaining ways.

### *Fun Happenings Scheduled*

Our partners, Mueller Family McDonalds restaurants, will be hosting our Tooth Fairy (along with Poppy Troll) in their South Scranton, North Scranton, Carbondale and Keyser Oak locations. Visitors will enjoy FREE photos with the Tooth Fairy and Poppy Troll characters, arts & crafts, and a dental hygiene bag including a coupon for free fries!

We will also be continuing our tradition of partnering with a library to educate it’s youngest members and their caregivers on the importance of dental health. This year, our Tooth Fairy will read stories about good dental hygiene, take photos with the children, and assist with their “tooth art” project at the Car-

bondale Library. Each child will receive a free dental hygiene bag.

### *Need Giveaway Bags?*

We are once again working the The Arc NEPA to prepare over 3,000 giveaway bags filled with a toothbrush, tooth paste, coloring sheet, and FREE McDonald’s coupon. If you or a member of your staff plan on visiting a school or educational facility during February, contact The Arc directly with the number of bags you are requesting. You will pick them up at their location, 115 Meadow Ave, Scranton, PA. Contact Erica at 570-499-7112. Bags will be distributed on a first come, first served basis.

For a full listing of dates, please refer to the Events Calendar on the back.

## President's Letter

Hello and Happy New Year!!

On behalf of the Scranton District Dental Society, I would like to extend a warm welcome to all our members—both new and returning. It is an honor and a privilege to serve as President of this remarkable organization, and I am excited for the year ahead!

Since moving to Pennsylvania and practicing dentistry here, I have found the experience to be incredibly rewarding—both professionally and personally. The sense of community, collaboration, and mutual support among dentists in our region is something truly special. What we have as a united dental society is unique, and it speaks to the dedication and professionalism of our members. As we move forward together this year, our society remains

committed to providing high-quality continuing education, meaningful networking opportunities, and strong advocacy for our profession.

I encourage you to join us at our upcoming General Meeting on February 4, 2026, featuring guest speaker Dr. Paul Mackarey, a physical therapist with extensive experience working with dental professionals. Dr. Mackarey will share valuable insight on practicing more ergonomically to reduce pain, improve longevity, and help extend our careers—an especially relevant topic for all of us.

We also look forward to celebrating our society's leadership at the President's Dinner on March 21, 2026, where we will honor last year's President, Dr. Kaitlyn Zefran, for her dedication and service to the SDDS.

And of course, mark your calen-

dars for one of our most anticipated events of the year—the Annual SDDS Golf Outing on June 17, 2026. It's always a great day of camaraderie, competition, and connection—truly a chance to tee up some fun and strengthen the bonds that make our society so special.

Whether you are a long-time member or have recently joined, your involvement and perspective are essential to our continued success. I encourage you to attend our meetings, connect with fellow members, and consider becoming more involved by joining our board of directors.

Thank you for your continued support of the Scranton District Dental Society. I look forward to a productive and rewarding year ahead!

Caitlin Libby  
SDDS President

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## Welcome 2026 President Caitlin Libby

Dr. Caitlin Libby is proud to serve as President of the Scranton District Dental Society and is honored to lead such a dedicated and collaborative community of dental professionals.

Dr. Libby grew up in the Mountain State of West Virginia. She graduated from West Virginia University School of Dentistry, where she was awarded The American Prosthodontic Society's Student Award of Merit, The Dentsply Sirona Prosthetics Award for excellence in removable prosthodontics, and the Hanau Best of the Best: Excellence in Prosthodontics award.

She then furthered her education by completing her prosthodontic residency as chief resident at West Virginia University School of Dentistry, where she earned her Master

of Science in Prosthodontics. Dr. Libby is a member of the American Dental Association, Pennsylvania Dental Association, Academy of Osseointegration, and the American College of Prosthodontists.

Following residency, Dr. Libby and her husband, Derek, relocated to Pennsylvania, which they are proud to call home. In 2024, they welcomed their son, Lincoln, and are enjoying experiencing life's milestones together as first-time parents. Family time is especially meaningful to them during this exciting new chapter.

Outside of dentistry, Dr. Libby enjoys traveling, attending WVU sporting events, exploring national parks, and spending time outdoors with their son and their beloved German Shorthaired Pointer, Briar.



Dr. Libby is happy to have joined Dr. Joe Kelly's practice in Clarks Summit and looks forward to continuing her professional growth while serving both her patients and the members of the Scranton District Dental Society.

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# Ben Shair/Todd Angelo Awards Dinner Scheduled

Mark your calendars for our annual Dr. Bernard Shair/Dr. Todd Angelo Awards Dinner to be held April 23, 2026 at AV Restaurant. This is a highly attended event and is not to be missed.

## CE Courses Booking Fast!

There are still three Continuing Education Courses left! Register and pay online by going to: [scrantondental.org](http://scrantondental.org).

### Radisson Lackawanna Station Hotel, Scranton

#### Register by 12/16/25

Register Online at  
[www.scrantondental.org](http://www.scrantondental.org) or

Send the application to:

Dr. Joseph T. Kelly, Jr.  
103 West Grove Street  
Clarks Summit, PA 18411

Make Checks Payable to:  
Scranton District Dental Society

All Courses are located at:

**Radisson Lackawanna  
Station Hotel**

700 Lackawanna Ave, Scranton  
(570) 342-8300

- **Registration: 8:00 a.m.**
- **Course starts promptly at 8:30 a.m.**

**Register Online at  
[www.scrantondental.org](http://www.scrantondental.org)**



Scranton District Dental Society is an approved PACE Program Provider for FAGD/MADG Credit. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. Effective period 10/1/20 to 9/30/28. Provider AGD ID #219085

#### **Wednesday, January 14, 2026**

Embrace The Change: A Thoughtful Discussion on Dentistry Today and Beyond

Presenter: Dr. Timothy Bizga

#### **Wednesday, February 18, 2026**

Infection Control is Not Optional: Dental Practitioners Need to be Involved and Risk Management & HIPAA Compliance in the Dental Office

Presenter: Dr. Louis Depaola

#### **Wednesday, March 18, 2026**

Cancer Patients: Ready or Not Here They Come!

Presenter: Dr. Susan Calderbank

#### **Wednesday, April 8, 2026**

Implant Complications from a Restorative Dentist's Perspective

Presenter: Dr. Henry Ferguson

For in-depth course descriptions, speaker biographies, and overview of state mandatory CE requirements for dentist re-licensure, go to [www.scrantondental.org](http://www.scrantondental.org)

#### **Tuition (if paid by December 15, 2025):**

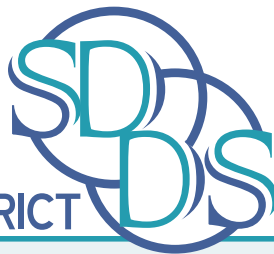
\$850/dentist PDA member (series of 4)  
\$950/dentist Non-PDA member (series of 4)  
\$310/dentist PDA member (single course)  
\$350/dentist Non-PDA member (single course)  
\$120/auxiliary (per course)

#### **After December 15, 2025:**

\$900/dentist PDA member (series of 4)  
\$1000/dentist Non-PDA member (series of 4)  
\$360/dentist PDA member (single course)  
\$400/dentist Non-PDA member (single course)  
\$120/auxiliary (per course)

## 2026 Schedule of Events

<b>Board Meeting</b>	AV	Feb 4, 2026	6:00 PM
<b>General Meeting</b>	AV	Feb 4, 2026	6:30 PM
<b>NCDHM McDonalds</b>	Southside McDonalds	Feb 16, 2026	5:00 – 7:00 PM
<b>NCDHM McDonalds</b>	Northside McDonalds	Feb 17, 2026	5:00 – 7:00 PM
<b>CE Course:</b>	Radisson	Feb 18, 2026	8:00 AM
<i>Infection Control is Not Optional: Dental Practitioners Need to be Involved and Risk Management &amp; HIPAA Compliance in the Dental Office</i>			
<b>NCDHM McDonalds</b>	Carbondale McDonalds	Feb 18, 2026	5:00 – 7:00 PM
<b>NCDHM Library</b>	Carbondale Library	Feb 19, 2026	11 AM – 12 PM
<b>NCDHM McDonalds</b>	Keyser Ave. McDonalds	Feb 19, 2026	5:00 – 7:00 PM
<b>CE Course:</b>	Radisson	March 18, 2026	8:00 AM
<i>Cancer Patients: Ready or Not Here They Come!</i>			
<b>President's Dinner</b>	SCC	March 21, 2026	6:00 PM
<b>CE Course:</b>	Radisson	April 8, 2026	8:00 AM
<i>Improving Dental Office Preparedness for Managing Medical Emergencies</i>			
<b>Ben Shair/Todd Angelo</b>	AV	April 23, 2026	6:30 PM
<b>Awards Dinner</b>			
<b>Golf Tournament</b>	SCC	June 17, 2026	8:00 AM



SCRANTON DISTRICT DENTAL SOCIETY

## 2026 Officers

<b>President</b>	<b>Board of Directors:</b>	
Dr. Caitlin Libby	Dr. William Dempsey	Dr. Darleen Oleski
<b>President Elect</b>	Dr. John Erhard III	Dr. Charles Scrimalli
Dr. Joseph Legg Jr.	Dr. Jessica Falk	Dr. Michael Umerich
<b>Vice President</b>	Dr. Andrea Frantz	Dr. Kurtis Wadsworth
Dr. Carolyn Serio	Dr. Stephanie Hanyon	Dr. Matthew Zale
<b>Treasurer</b>	Dr. Joseph Kelly Jr.	Dr. Kate Zefran
Dr. Thomas Langan Jr.	Dr. Alphonse Matrone	
<b>Secretary</b>		
D. Joseph Runco		